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| **C:\Users\Softalaya\AppData\Local\Packages\5319275A.WhatsAppDesktop_cv1g1gvanyjgm\TempState\C9FBFD843ABBBDC3774D79B731A86A7F\WhatsApp Image 2025-05-01 at 11.22.33_e9aa9ee5.jpg** | **JOYJAR: A Digital Intervention for Mental Wellbeing Enhancement** |

**JoyJar Feature List:**

**1. Members (Service Users)**

* **Account Management**  
  • Register with email   
  • Login/logout with session persistence  
  • Password reset via email verification  
  • Delete account with data privacy options
* **Content Interaction**  
  • Browse resources by category (Anxiety, Depression, Mindfulness, etc.)  
  • Save favourite articles/tools to "Wellness Jar"  
  • Rate helpfulness of resources (1-5 stars)  
  • Comment on community posts (moderated)
* **Wellness Tools**  
  • Complete daily mood check-ins  
  • Track progress in therapeutic programs  
  • Set custom self-care reminders  
  • Download CBT worksheets/guides
* **Support Services**  
  • Book teletherapy sessions (if subscribed)  
  • Join scheduled group support circles  
  • Access crisis resources 24/7
* **Communication**• Receive personalized wellness newsletters  
  • Opt-in for motivational push notifications  
  • Message moderators (non-urgent queries)

**2. Mental Health Professionals**

* **Client Management**  
  • Verify credentials (license validation)  
  • Set availability calendar  
  • Conduct secure video sessions
* **Content Contribution**• Submit evidence-based articles  
  • Create guided meditation audio  
  • Design therapeutic challenge programs
* **Community Support**• Moderate discussion forums  
  • Host live Q&A webinars  
  • Flag urgent user concerns

**3. Administrators**

* **User Management**  
  • Suspend/delete problematic accounts  
  • Assign professional verification badges
* **Content Oversight**• Approve/reject all community posts  
  • Emergency edit/remove harmful content  
  • Audit resource effectiveness metrics
* **Platform Operations**  
  • Configure crisis hotline integrations  
  • Generate usage analytics reports  
  • Manage subscription billing systems
* **Safety Features**  
  • Trigger emergency protocols  
  • Monitor suicide risk keywords  
  • Initiate wellness check requests